



Families in Transition

Providing a Home. Building Hope.

Holiday Giving Opportunities

Thank you for helping to make the holidays brighter for the families and individuals at Families in Transition (FIT). We have listed out the many different ways to support a child, individual or family currently living at FIT. Please let us know which opportunity you would like more information on.

Under \$25:

- Keep a child warm this winter with a hat and a pair of gloves
- Provide a child with a cozy pair of brand new pajamas
- Donate a toy to be given to a child by Santa at our annual Family Celebration
- Donate a toy or brand new book for our ongoing Birthday to Remember Program
- Buy a gift certificate to a local movie theater, grocery store, Wal-Mart, Target or Kohl's to help a family throughout the year

Under \$75:

- Provide the children at our preschool with school supplies or craft supplies
- Provide a child with a winter coat, a snow suite, and a pair of boots to keep them warm this winter
- Support a new mother with diapers and wipes for her baby
- Pay for one monthly bus pass for a participant in Concord or Manchester

Under \$200:

- Provide a family with brand new bedding for their home (this includes twin size comforter, sheets, pillow, and pillow case)
- Help a family new to our program get a fresh start by providing them with "home essentials" with all the brand new, basic items needed to get them started in their new apartment (please contact for more details). Items include cleaning products, dishes, housewares, etc.
- Collect nonperishable food items to help keep our five emergency food pantries stocked for our families this winter

Over \$200:

- Get a group together to help provide the nine chronically homeless single men at our Douglas Street program with basic needs, kitchenware, and fun items such as books, games and DVD's
- Get a group together to help provide the 15 single women in our Amherst & Lowell Street Programs with basic needs, self-care items, etc.
- Get a group together to help provide all the families at one of our emergency shelters with food and gifts to open this holiday season

For more information about any of FIT's holiday giving opportunities, please email our office at donate@fitnh.org or call us at 603.641.1143 ext. 328